

**Bridge To Success Skills Training, Inc. (www.bridgetosuccess.net)**  
**Monitoring Behaviors for Your Doctor Visit**

Should you suspect that your child has Attention Deficit Disorder (AD/HD), you are going to need a thorough diagnosis. The criteria for diagnosing AD/HD are often seen in other disorders or disabilities. To help your physician in the diagnostic process, monitor the frequency of the following behaviors for 2-3 weeks and bring this data to your appointment. Frequency is very important in the diagnosis of AD/HD. You can add other behaviors you feel need to be monitored or reported to your physician. (Make a copy for your records)

Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_

<b>Behavior</b>	<b>Sunday Date:</b>	<b>Monday Date:</b>	<b>Tuesday Date:</b>	<b>Wednesday Date:</b>	<b>Thursday Date:</b>	<b>Friday Date:</b>	<b>Saturday Date:</b>
Interrupts while others talk							
Defensive responses							
Excuses for being late							
Quick to anger							
Feels misunderstood							
Sensitive to comments							
Difficulty finding words							
Forgets homework							

Child's Name: \_\_\_\_\_ Age: \_\_\_\_\_ Grade: \_\_\_\_\_

Behavior	Sunday Date:	Monday Date:	Tuesday Date:	Wednesday Date:	Thursday Date:	Friday Date:	Saturday Date:
Homework turned in late							
Homework is incomplete							
Late for class, sports, etc.							
Difficulty using a planner							
Confused about what to do first							
Feels overwhelmed							

Parent/Guardian doing the monitoring: \_\_\_\_\_ Date brought to Doctor: \_\_\_\_\_

---