

ADHD SUPPORT GROUPS

Westlake CHADD

Joyce Kubik, Coordinator - kubikja@me.com or 1-440-933-8309

Meeting Dates

Topics and Speakers are announced monthly. Email me to be placed on the Adult or Parent Support Group lists

Location: 29160 Center Ridge Road, Suite R - **Community Outreach Center**
(just east of Crocker Road on the north side - 1-story buildings)
Times: **7:00 - 9:00 pm**
Bring: pencil, paper, beverage, questions and a supporter **or friend**

Adult Support Group Dates - 2012	Parent Support Group Dates - 2012
1/12	1/26
2/9	2/23
3/8	3/22
4/12	4/26
5/10	5/24
6/14	6/28
7/12	7/26
8/9	8/23
9/13	9/27
10/11	10/25
11/8 - joint meeting	11/8 - joint meeting
December - no meeting Merry Christmas! Happy Holiday!	

Supporting: CHADD (Children & Adults with ADHD - chadd.org)
ADDA (Attention Deficit Disorder Association (Helping adults with ADHD - add.org))
Publications: ADDitude Magazine (for all ages - ADDitudemag.com)
Attention (for families & adults - through chadd.org)